

Are you providing caregiving support for a loved one?

LIVE: Online Care Partner Support Group

for people caring for someone living with dementia

Sessions Include:

- Video clips featuring Teepa Snow
- Interactive activities and discussions
- Post-session resources

Weekly Topics:

1. Understanding and Accepting Dementia
2. Common Brain Changes and Supportive Techniques
3. Sensory Changes - Increasing Awareness and Understanding Impact
4. Person-Centered Problem Solving
5. Techniques to Reduce Distress

Please Know:

- Sessions will be facilitated using Zoom; you must use a device with a camera and a microphone.
- Sessions will not be recorded to maintain confidentiality



Carolyn Lukert
Co-Facilitator

Positive Approach to Care
Certified Independent
Consultant, Trainer, Coach

Fall 2024

Mondays, 7-8:30 p.m. CT
October 7-November 4

**Register by September 29,
2024**

Spring 2025

Tuesdays, 7-8:30 p.m. CT
March 18-April 15

Register by March 10, 2025

Register Here:



SCAN ME!

**For more information, please contact Clara Boarman at
cjboarman_se@usi.edu or visit usi.edu/care-partner-support-group**

Supported by the Bronstein Center for Healthy Aging and Wellness