





Are you providing caregiving support for a loved one?

LIVE: Online Care Partner Support Group

for people caring for someone living with dementia

Sessions Include:

- Video clips featuring Teepa Snow
- Interactive Activities and
- Discussions Post-Session Resources

Weekly Topics:

- 1. Understanding and Accepting Dementia
- 2. Common Brain changes and Supportive Techniques
- 3. Sensory Changes Increasing Awareness and Understanding Impact
- 4. Person-Centered Problem Solving
- 5. Techniques to Reduce Distress

Please Know:

- Sessions will be facilitated using Zoom; you must use a device with a camera and a microphone.
- Sessions will not be recorded.to maintain confidentiality
- <u>Registration Deadline:</u> <u>April 18!</u>



Carolyn Lukert Co-Facilitator

Positive Approach to Care Certified Independent Consultant, Trainer, Coach Mondays 7 p.m. - 8:30 p.m. CT

> October 7 October 14 October 21 October 28 November 4

Register Here:



SCAN ME!

For more information, please contact Clara Boarman at cjboarman_se@usi.edu or visit usi.edu/care-partner-support-group