

*Are you providing caregiving support for a loved one?*

## **LIVE: Online Care Partner Support Group**

*for people caring for someone living with dementia*

### **Sessions Include:**

- Video clips featuring Teepa Snow
- Interactive Activities and
- Discussions Post-Session Resources

### **Weekly Topics:**

1. Understanding and Accepting Dementia
2. Common Brain changes and Supportive Techniques
3. Sensory Changes - Increasing Awareness and Understanding Impact
4. Person-Centered Problem Solving
5. Techniques to Reduce Distress

### **Please Know:**

- Sessions will be facilitated using Zoom; you must use a device with a camera and a microphone.
- Sessions will not be recorded to maintain confidentiality
- **Registration Deadline: April 18!**



**Carolyn Lukert**  
**Co-Facilitator**

Positive Approach to Care  
Certified Independent  
Consultant, Trainer, Coach

Thursdays  
7 p.m. - 8:30 p.m. CT

April 25  
May 2  
May 9  
May 16  
May 23

**Register Here:**



**SCAN ME!**

**For more information, please contact Clara Boarman at  
cjboarman\_se@usi.edu or visit usi.edu/carepartnersupportgroup**