

43rd Annual Institute on Alcohol and Drug Studies
Provided by the University of Southern Indiana
Wednesday, May 20, 2026
8:15 a.m. – 4:30 p.m. (CT)
Agenda

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| 7:30 - 8:05 a.m. | Registration |
| 8:05 - 8:15 a.m. | Welcome |
| 8:15 - 9:30 a.m. | <p>One Nation Under the Influence: America’s Drug Habit and How We Can Overcome It
Dr. Kevin Sabet Ph.D.</p> <p><i>The presentation will discuss American drug policy, what works and what doesn’t. It will focus on the failures of marijuana legalization while also presenting solutions rooted in public health and public safety.</i></p> |
| 9:30 - 9:45 a.m. | Break |
| 9:45 - 11:00 a.m. | <p>Reaching Resistant Youth: Family Systems Approaches to Early Intervention in Cannabis-Induced Psychosis
Gianna Yunker CIP, CAI, CFRS, CRS</p> <p><i>This presentation explores early stabilization in adolescents and young adults experiencing cannabis-induced psychosis or psychosis-adjacent symptoms. Attendees will learn practical strategies for reducing risk, addressing resistance, and aligning family and treatment systems.</i></p> |
| 11:00 - 12:00 p.m. | Lunch |
| 12:00 - 1:45 p.m. | <p>Motivational Interviewing
Dr. William Miller Ph.D.</p> <p><i>Dr. Miller will provide a historical overview of the evolution of Motivational Interviewing, followed by an evidence-based examination of the therapeutic competencies associated with the most effective psychotherapists.</i></p> |
| 1:45 - 2:00 p.m. | Break |
| 2:00 - 4:15 p.m. | <p>Motivational Interviewing
Dr. William Miller Ph.D.</p> <p><i>In this interactive workshop, Dr. Miller will guide participants through the practical application of Motivational Interviewing (MI). Attendees will experience the core processes of MI firsthand, exploring how to elicit change talk, respond to resistance, and strengthen therapeutic engagement.</i></p> |
| 4:15 - 4:30 p.m. | Closing and Evaluation |

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Agenda

- 7:30 - 8:05 a.m.** Registration
- 8:05 - 8:15 a.m.** Welcome
- 8:15 - 9:45 a.m.** **US Substance Use Trends**
Dr. Linda Cottler PhD, MPH, FACE
- Dr. Cottler's research includes development of culturally reliable and valid measures for identifying substance use and dependence, along with psychiatric disorders and their risk factors; conducting national surveys of high-risk behaviors, and community based, peer-delivered interventions to change high risk behaviors and substance abuse.*
- 9:45 - 10:00 a.m.** Break
- 10:00 - 11:30 a.m.** **Kratom**
Dr. Christopher McCurdy PhD, FAAPS
- Dr. McCurdy is a broadly trained medicinal chemist, behavioral pharmacologist and pharmacist whose research focuses on the design, synthesis and development of drugs to treat pain and drug abuse. He is an internationally recognized expert on Kratom (Mitragnyna speciosa), that is under investigation for opioid withdrawal syndrome.*
- 11:30 - 12:30 p.m.** Lunch
- 12:30 - 1:30 p.m.** **Underage Drinking Concerns**
Lisa Hutcheson MEd
- Lisa Hutcheson has been the director of the Indiana Coalition to Reduce Underage Drinking since its inception in 1997. Advocating for stronger local and state policies and laws, the coalition is reducing youth access to alcohol.*
- 1:30 - 1:45 p.m.** Break
- 1:45 - 3:00 p.m.** **LOVE**
Lisa Seif LCSW, LCAC, CSAMS
- Lisa is a private psychotherapist and has been in the prevention, intervention, and treatment field since 1983. She will close our conference with a reminder to keep love as the focus of all we do.*
- 3:00 - 3:15 p.m.** Closing and Evaluation