

TIPS FOR SUCCESS: PREPARING FOR THE JOURNEY

The Adult Learner Advantage

Adult learners bring valuable experience into the classroom. Work history, life responsibilities, and personal goals shape how you learn and apply knowledge. Many adult learners have strong motivation and a clear purpose because they know why they are returning to school. Remember, you're not starting over. You're building on what you already know!



Building Confidence After Time Away

Returning to school after five, ten, or even twenty years is common. It is important to start where you are, not where you think you should be. Learning curves are expected, and confidence builds as routines form. Using refreshers, asking questions early, and focusing on steady progress can make the transition easier.

Preparing Your Tools, Time, and Space

Being prepared reduces unnecessary stress. Reliable technology, updated software, and a backup system protect your work. Planning realistic study times and identifying a focused study space can help you stay consistent.

Building a Support System

Success is easier with support. Share your goals with family and communicate with supervisors when appropriate, especially if tuition reimbursement is involved. Connect with peers and use USI resources when needed.

USI ONLINE AND ADULT LEARNING



Adult.Learning@usi.edu



(812) 465 - 7029

Social Media: [onlineandadultlearning](#)



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