FIRST OUSI

Making the Transition to USI

New Student Newsletter

Issue 6

Adjusting to College Life

Change/Add/Drop a Major or
MinorAcademic Skills/Writers Room
Questions about study skills, such as time

Did you know on average, students change their major three times throughout their college career? If you think you need a change, you're not alone!

Students can change majors by picking up a Change of Academic Program form from either the Registrar's Office or any Advising Center.

Make sure you obtain the appropriate signatures from the department you are changing your major to and return the form to the Registrar's Office. There is a section of that form that allows you to add or drop a minor.

CLICK HERE FOR MORE INFO

Counseling and Psychological Services (CAPS)

Students seek the assistance of the Counseling and Psychological Services office for a variety of reasons; and whether it is adjusting to college life, depression/anxiety, body-image concerns, trauma, or something else CAPS is there to support you. You can easily <u>book your appointment online</u>, and all services are free for USI students.

Services Provided:

In Person Counseling Virtual Counseling Group Counseling



Questions about study skills, such as time management, note-taking, textbook reading strategies, and test anxiety?

The Academic Skills Office is dedicated to enhancing student success and the educational process at USI. They provide academic support services through classes and other learning assistance programs.

Academic Skills Education Center, Rm. 1111 812-464-1743 acadskil@usi.edu The Writers' Room Education Center, Rm. 1102 812-461-5359 owl@usi.edu

CLICK HERE FOR MORE INFO

Athletic Events Stay Up to Date! Follow @USIAthletics



Use the official athletics website to stay in the know about events and come out and support! Go Screagles!



Official Athletics Website The official athletics website for the University of Southern Indiana Eagles

University of Southern Indiana Athletics

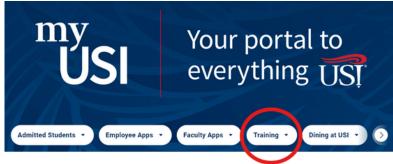
CLICK HERE FOR MORE INFO

Adjusting to College Life

Sexual Assault Prevention and Alcohol Education Training

Completing Sexual Assault Prevention and Alcohol Edu trainings are required for all first-year students and all student-athletes. Students should have received an email invitation in their USI Eagles email account.

Students can access these trainings by clicking on the link in the email invitation or by logging into their myUSI account and clicking on the Training button.



Students should complete the trainings before September 30. Completing the trainings will ensure that a hold is not placed on a student's account. Holds will prevent students from registering for Spring and Summer 2025 classes.

Archie's Food Closet



Archibald Eagle's Food Closet is a service for all members of the USI community to promote the health and wellness of USI students and employees. All requests for assistance are confidential.

Archie's Closet is located in the Recreation, Fitness and Wellness Center. To use the Closet, please ask for Archie at the front desk. You will be required to show a valid Eagle Access card. There is no fee to use Archie's Closet.

Archie's Closet stocks non-perishable food products, such as peanut butter, canned meats/tuna, pasta, rice, beans, vegetables, soups, and canned fruit, and personal hygiene products such as toilet paper and tissues.

Archie's Food Closet is open during regular RFWC building hours.

CLICK HERE FOR MORE INFO

Career Exploration and Counseling

Finding a career path that suits your skills, interests and abilities takes time and effort. If you don't know which way to turn, University Division's Career Counseling services are here to help.

They offer services to help students assess their interests and strengths and discover how to identify academic subjects that align and learn about majoring in those disciplines.



CLICK HERE FOR MORE INFO

Swipe Out Hunger, Food Assistance

Swipe Out Hunger is a meal swipe assistance program. This program is for USI students experiencing food insecurity. Applications are open, and if accepted, an initial amount of meals will be determined. This process can take up to two business days to complete.

You may be asked to meet with a member of the Dean of Students Staff to assess ongoing needs and access to additional swipes or other resources. If you have any additional questions, we can be reached at 812-464-1862 or email us at deanofstudents@usi.edu.



APPLY HERE

Career Connections

USI Internship and Career Fair Wednesday, October 2, 2024 2-5 p.m. Screaming Eagles Arena All grade levels and majors are encouraged to attend





College of Nursing and Health Professions



College of Liberal Arts



Romain College of Business



Pott College of Science, Engineering, and Education



Positions with 25 miles of Evansville, Indiana



On-Campus Student Worker Positions

Stay Connected

USI Class of 2028 Students Facebook USI Class of 2028 Instagram Transfer Student Facebook USI Class of 2028 Parent and Families Parents and Families Facebook USI on TikTok USI Instagram USI Events Calendar USI on Facebook

Important Dates

September 13	End 25% Refund Period
October 7-8	Fall Break; No Classes
October 18	Last Day to Drop/Withdraw
	without Evaluation
October 21-25	Priority Registration for
	Spring/Summer
November 27-December 1 Thanksgiving Break;	
	No Classes, University Closed

New Student and Transitional Programs | 812-465-7167 new.student@usi.edu | usi.edu/newstudent



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