



**41<sup>st</sup> Annual Institute for Alcohol and Drug Studies**  
**University of Southern Indiana**  
**University Center West – Carter Hall**  
**Conference Agenda**



**Wednesday, May 15, 2024**

7:30 – 8 a.m. Registration • Continental Breakfast

8:00 a.m. Welcome \*Carter Hall

**8:15 a.m. - 11:45 a.m.**  
**Carter Hall**  
 Plenary with one  
 15 minute break

**From Junkie to Judge: One Woman’s Triumph over Trauma and Addiction**  
*Mary Beth will present her personal story with key concepts and examples including how trauma and addiction are related. She describes keys to building a personal recovery plan and ways to approach it.*

**Mary Beth O’Connor**

11:45 – 12:45 p.m. Lunch

12:45 – 1:45 p.m. **Concurrent Session I**

UC 2217	UC 2219
<p><b>Harm Reduction</b>  <i>Practical strategies and ideas aimed at reducing negative consequences associated with drug use</i></p> <p><b>Justin K. Phillips, MA</b>  <i>Overdose Lifeline</i></p>	<p><b>Peer Recovery Specialists</b>  <i>Examining the growth and barriers of the Peer Recovery Specialist program in Indiana</i></p> <p><b>Ray Lay, ICPSP-T</b>  <i>Indiana Certified Peer Support Professional/Trainer</i></p>

1:45 – 2:00 p.m. Exhibits and Refreshments

2:00 – 3:00 p.m. **Concurrent Session 2**

UC 2217	UC 2219	UC 2205
<p><b>Recovery &amp; Peer Support Options</b>  <i>Peer Alternative Study, Pros and Cons of the Six Largest Options</i></p> <p><b>Mary Beth O’Connor</b></p>	<p><b>Change and Orientation Group</b>  <i>Discussion on the format, purpose, and benefits of the Change and Orientation Group</i></p> <p><b>Lisa D Seif LCSW, LCAC, CSAMS,</b>  <i>Lisa Seif Cares</i>  <b>Phillip Boyd,</b>  <i>Evansville Rescue Mission and VCTC</i>  <b>&amp; Micah Boyd</b>  <i>Vanderburgh County DADS Program and Vanderburgh County Treatment Court</i></p>	<p><b>CRAFFT Model</b>  <i>What is the CRAFFT Model? What do we do with the information from the CRAFFT Screening Tool?</i></p> <p><b>Laura Walker, LCSW, LCAC</b>  <i>Hillcrest</i></p>

3:00 – 3:15 p.m.

Exhibits and Refreshments

3:15 – 4:15 p.m.

**Concurrent Session 3**

UC 2217	UC 2219	UC 2205
<p><b>Exploring the Role of ACEs and Trauma in SUD</b>  <i>ACEs and trauma play a large role in substance use disorder. Trauma informed care and resilience building are key components to recovery that emphasize prevention and rehabilitation.</i></p> <p><b>Justin K. Phillips, MA</b>  <i>Overdose Lifeline</i></p>	<p><b>HIV and Hepatitis C Interventions and Treatment</b>  <i>A comprehensive update to the prevention, diagnosis, &amp; treatment of HIV/AIDS and Hepatitis C including the updated guidelines on medication assisted prevention methods available to HIV negative persons.</i></p> <p><b>Olivia Blanco, BS and Madison Shirar, BA, CNP</b>  <i>Matthew 25</i></p>	<p><b>Essential Documentation Survival Success Skills</b>  <i>The necessity for timely, accurate, and complete documentation of services is essential in the helping professions. It establishes medical necessity for services provided, provides payor sources with evidence of services provided, and is essential for risk management purposes relative to staff supervision, ethical practice, and protections from potential litigation. This presentation will focus on the importance of documentation skills in the helping profession and how this essential function of practice drives service delivery, continuity/coordination of services, and quality control and improvement.</i></p> <p><b>Kevin Groves, MPA, MSW, LCSW, LAC</b>  <i>Southwestern Behavioral Healthcare</i></p>

4:15 – 4:30 pm

**Evaluation and Closing**

**41<sup>st</sup> Annual Institute for Alcohol and Drug Studies  
University Center – Carter Hall  
Thursday, May 16, 2024**

7:30 – 8 a.m. Registration • Continental Breakfast \* Carter Hall

8:00 a.m. Welcome \* Carter Hall

**8:15 a.m. - 11:45 a.m.**  
**Carter Hall**  
Plenary with two  
15-minute breaks

**The Neuroscience of Dual Diagnosis: When Genes and Adverse Experiences Collide in the Detonation of Mental Illness and Addictions as Interconnected Brain Disorders.**

*This presentation will highlight some of the key scientific methods and discoveries that have been pursued in the basic science laboratory to understand the fundamental biological connections between mental illness and addictive disorders.*

**An Animated Journey into Addiction and Mental Illness as Interconnected Brain Diseases**

*This digital animated film will dynamically illustrate the neuroscience of addiction pathogenesis and its bidirectional causal connection with mental illness. The film will incorporate and extrapolate from neuroscientific themes developed in the 1st lecture, bridging the audience to its Clinical Translation described in the 3<sup>rd</sup>.*

**The 2 x 4 Model: Translating the Integrated Neuroscience of Addiction Psychiatry Into a Modern System of Professional Training, Research and Clinical Care**

*This presentation will describe the origins, rationale, design, and implementation of the 2x4 Model Addiction Psychiatry Clinic as a new blueprint and operational guide for the fully Integrated Addiction and Mental Health Treatment System.*

**Andrew Chambers, MD, IU School of Medicine/Dept. of Psychiatry**

11:45 – 12:45 p.m. Lunch

12:45 – 1:45 p.m. **Concurrent Session I**

UC 2217	UC 2219	UC 2205
<p><b>Adolescent Neurodevelopment and Addiction Pathogenesis: A Critical Period</b> <i>This presentation will explain the developmental neurobiology of Addiction Pathogenesis in the adolescent phase of brain development. We will discuss the clinical implications of this form of addiction vulnerability and its connection with the periadolescent onset or worsening of adult forms of mental illness.</i></p> <p><b>Andrew Chambers, MD</b> <i>IU School of Medicine/Dept. of Psychiatry</i></p>	<p><b>CHAMP Program</b> <i>The Indiana Consultations for Healthcare Providers in Addiction, Mental Health, and Perinatal Psychiatry (CHAMP) is a free statewide psychiatry access program for all healthcare providers who see perinatal and adult patients (18+). CHAMP offers provider-to-provider phone consultations, referral services, and educational opportunities. Providers can call the CHAMP consultation line to connect with a psychiatrist within 60 minutes.</i></p> <p><b>Carmen Alejandra Perez, MSW, LSW</b> <i>Indiana CHAMP Program</i></p>	<p><b>Benefits of Writing in Recovery: Using Journaling as Part of Healing</b> <i>Examining writing experience, goals, journaling, memoirs, and healing within your role with clients</i></p> <p><b>Mary Beth O'Connor</b></p>

1:45 – 2:00 p.m. Exhibits and Refreshments

2:00 – 3:00 p.m.

**Concurrent Session 2**

UC 2217	UC 2219	UC 2205
<p><b>History, Science and Future of the Iatrogenic Addiction Epidemic</b>  <i>This presentation will describe the root causes of the iatrogenic addiction epidemic and its evolution over the last decade. We will overview current trends and manifestations of the problem at the interface of health care and criminal justice, concluding with a discussion of a better future in which health care become a solution rather than source of the problem.</i></p> <p><b>Andrew Chambers, MD</b>  <i>IU School of Medicine/Dept. of Psychiatry</i></p>	<p><b>Trends in the Use and Distribution of Illegal Narcotics</b>  <i>Detective Budde will focus on a wide range of drug ingestion methods, drug identification, user quantities vs. dealer quantities, current retail prices, current wholesale prices, global trade routes, and global sources of supply. The presentation will provide basic knowledge of drug recognition and an understanding of the rapidly evolving drug distribution culture.</i></p> <p><b>James Budde, Detective</b>  <i>Vanderburgh County Sheriff's Office/DEA Task Force Officer</i></p>	<p><i>Restorative Yoga</i></p> <p><b>Beth Franklin</b></p>

3:00 – 3:15 p.m.

Exhibits and Refreshments

3:15 – 4:15 p.m.

**Concurrent Session 3**

UC 2217	UC 2219
<p><b>Ethical Considerations for Treating Patients with Substance Use Disorders and other Mental Health Disorders</b></p> <p><b>Kevin Valadares, PhD</b>  <i>University of Southern Indiana</i></p>	<p><b>Trends in the Use and Distribution of Illegal Narcotics</b>  <i>Continued discussion of the rapidly evolving drug distribution culture from the perspective of law enforcement.</i></p> <p><b>James Budde, Detective</b>  <i>Vanderburgh County Sheriff's Office/DEA Task Force Officer</i></p>

4:15 – 4:30 pm

**Evaluation and Closing**

**41<sup>st</sup> Annual Institute for Alcohol and Drug Studies**  
**University Center – Carter Hall**  
**Friday, May 17, 2024**  
**Agenda**

- 7:30 – 8:00 a.m. Registration • Continental Breakfast \* Carter Hall
- 8:00 a.m. Welcome \* Carter Hall
- 8:15 – 9:45a.m. Interprofessional panel discussion to consider the impact that the medical and legal systems have on people with substance use disorders with potential co-occurring mental health disorders. Panelists are subject matter experts who will help the participants to examine the challenges and complexities faced by individuals in recovery within these contexts. This includes safe prescribing practices, pharmacological interventions, Medication-Assisted Treatment, drug testing, coordinated care, legal implications including diversion programs and drug courts highlighting effective strategies for managing the medical, legal, and social challenges. By addressing both the medical and legal aspects of working with individuals in recovery, this panel discussion can provide valuable insights and practical guidance for healthcare providers, legal professionals and other stakeholders involved in supporting this vulnerable population.
- Moderator: Kathy Riedford, PhD, PMHNP-BC, RN**  
*University of Southern Indiana*
- Panelists:**
- Doug Wathen, PMHNP-BC**  
*Southwestern Behavioral Healthcare*
- Amanda Cobb, LMHC, psychotherapist**  
*The Chestnut Group*
- Emily Kemper, J.D., magistrate**  
*Vanderburgh County Superior Court*
- Aly Griggs, MSW, LCSW, CCTP**  
*New Vision Counseling Services*
- Jodi Uebelhack**  
*Vanderburgh County Public Defender*
- Mindy Middleton-Bittner**  
*Gentox*
- 9:45 – 10:00 a.m. Exhibits • Refreshments
- 10:00 – 11:30 a.m. **Continuation of panel discussion**
- 11:30 – 11:45 a.m. **Evaluation and Closing**