

Diabetes Virtual Symposium
Provided by the University of Southern Indiana
Tuesday, February 17, 2026
7:45 a.m. – 12:30 p.m. (CT)

Agenda

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| 7:45 – 8:00 a.m. | Welcome |
| 8:00 – 9:00 a.m. | <p>Initiating and Adjusting Insulin</p> <p>Angela Thompson, DNP, FNP-C, BC-ADM, CDCES, FAANP</p> <p>This presentation will focus on the most common challenges that primary care providers encounter when initiating and adjusting insulin in the management of T2DM and solutions to these challenges utilizing case studies.</p> |
| 9:00 -10:00 a.m. | <p>Why Do Carbs Count?</p> <p>Jessica Scheu Martin, RD, CD</p> <p>This presentation focuses on the importance of carb counting for patients with diabetes, how to calculate insulin doses based on meals/snacks, and realistic expectations regarding the diabetic diet.</p> |
| 10:00 – 10:15 a.m. | Break |
| 10:15 – 11:15 a.m. | <p>Diabetes Oral Medications</p> <p>Lesli Nall, Physician Assistant, CDCES</p> <p>This presentation will provide an overview of the classes of oral diabetes medications.</p> |
| 11:15 – 12:15 p.m. | <p>Continuous Glucose Monitoring: Real Time Data and Improved Real World Outcomes</p> <p>Angela Zirkelbach, RD, LD, CDCES and Mollie Francis, RD, LD, CDCES</p> <p>This presentation provides an overview of continuous glucose monitoring (CGM), reviews different types of CGM options, instructs on how to interpret CGM reports, including metrics and trend patterns, addresses common CMG challenges, and explores integration options with insulin pumps for enhanced glucose control.</p> |
| 12:15 – 12:30 p.m. | Closing and Evaluation |