

Are you providing caregiving support for a loved one?

LIVE: Online Care Partner Support Group

for people caring for someone living with dementia

Sessions Include:

- Video clips featuring Teepa Snow
- Interactive Activities and
- Discussions Post-Session Resources

Weekly Topics:

1. Understanding and Accepting Dementia
2. Common Brain changes and Supportive Techniques
3. Sensory Changes - Increasing Awareness and Understanding Impact
4. Person-Centered Problem Solving
5. Techniques to Reduce Distress

Please Know:

- Sessions will be facilitated using Zoom; you must use a device with a camera and a microphone.
- Sessions will not be recorded to maintain confidentiality
- **Registration Deadline: April 18!**



Carolyn Lukert
Co-Facilitator

Positive Approach to Care
Certified Independent
Consultant, Trainer, Coach

Tuesdays
7 p.m. - 8:30 p.m. CT

March 18
March 25
April 1
April 8
April 15

Register Here:



SCAN ME!

For more information, please contact Clara Boarman at cjboarman_se@usi.edu or visit usi.edu/care-partner-support-group