More than 80 students considering careers in nursing and health professions heard 19 alumni present information about their chosen fields recently at a special event called Meet the Alumni.

The event was made possible by a Major as Home grant provided by the Office of the Provost. These grants are designed to build community.

Kristina Walker, admission and advising coordinator, invited alumni representing all 10 programs offered by the college to speak to "pre-students" (freshmen and sophomores preparing to apply for acceptance into a program). The evening was arranged so students could attend sessions offered by more than one professional, giving them an opportunity to learn about a variety of careers in health professions. The event also served to connect pre-students with faculty and fellow students interested in health-related careers. Research indicates that getting students involved early in their college careers with their majors improves retention.

The fourth annual Mid-America Institute on Aging will feature four internationally known speakers and 24 breakout sessions of interest to older adults, family members, caregivers, healthcare professionals, social workers, employees working in long-term care settings, nursing home administrators, and case managers.

The conference, sponsored by the College of Nursing and Health Professions and the Southwestern Indiana Regional Council on Aging, will be held August 11-12 in the University Center. Addressing full-conference sessions will be four internationally known speakers:

- Dr. Bill Thomas is an international authority on elder care. He developed Eden Alternative, a model for cultural changes within nursing facilities, and the Green House

Alumni of the College of Nursing and Health Professions are in the workforce building their careers. Josh Bowman '09, is among many young graduates who are successfully putting the knowledge and skills from their college preparation to work.

Josh Bowman, age 23, recently was named administrator of Bethel Manor, a 63-bed nursing home in Evansville. The appointment brings him back to the facility he first knew as a USI student. Bowman was a research assistant in a bladder scanner study conducted by the college’s Center for Healthy Aging and Wellness. Bethel Manor participated in that study. He later completed an
Dean’s Notes

Transformational partnerships lead to excellence

As Commencement nears, orientation for new students entering in fall semester has begun. Meeting with these high school students, I vividly recall conversations with our soon-to-be graduating students when they first arrived at USI. I am struck by the changes that have occurred during these students’ study at USI. What ingredients transform an entering student to a high-functioning nursing/health professions graduate? High-ability, motivated students are important but not sufficient. Caring, competent faculty and staff are likewise important, but there is another essential requirement. The third critical ingredient is the integration and application of knowledge that can occur only in the clinical setting supported by the caregivers in those settings. This synergy of effort by students, faculty, and clinicians combines to prepare graduates who excel on their licensing/registration exam and who are the number-one choice of regional healthcare employers.

Three recent events attest to this triad of effort and achievement. In March, more than 100 healthcare professionals met with faculty from each of our programs to provide input and support for the program and the college’s continuous quality-improvement efforts. The individual program advisory committee meetings were followed by a dinner and update about the University and college. Later in March, scholarship donors, students, families, and friends gathered at the college’s annual Honors Day to recognize students’ achievements, and to thank scholarship donors. The third related event was the selection of Dr. Barbara Davis, professor of nursing, as the 2011 Integra Bank Distinguished Professor. She represents the excellence of faculty in all our programs.

As we say farewell to our graduating students and greet entering students, I am proud to be a partner with faculty, donors, and clinicians in transforming high-ability, motivated students into competent, caring healthcare practitioners who are making a positive difference in the lives of their patients and contributing to the improved delivery of healthcare here and throughout the nation.

Nadine A. Coudret
Dr. Nadine A. Coudret
Dean, College of Nursing and Health Professions

Davis
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Davis has taught in the undergraduate and graduate nursing programs. She serves as mentor to five students who are completing capstone projects in the Doctor of Nursing Practice program. Dr. Ann White, associate dean, said Davis’ mentorship has provided guidance in the successful implementation of projects that are “changing nursing practice.” Davis began her nursing practice in emergency care and has continued that interest in research. She is internationally known for development of the Consumer Emergency Care Satisfaction Scale (CECSS), a survey used to assess patient satisfaction with hospital emergency services. The tool has been tested in both urban and rural settings across the United States. She has led researchers from other countries to adapt it for their emergency settings. It is now used in Australia, Slovenia, New Zealand, and Sweden. In 2009, Dr. Anna Ekwall came to USI for a month-long collaboration that led to a scholarly publication detailing the standardization of the CECSS in Sweden.

Articles by Davis have been published in an array of professional journals. She has presented at national and international nursing conferences. She is a member of the editorial board of the Journal of Nursing Care Quality and serves four nursing journals as a peer reviewer. She is a site visitor for the Commission for Collegiate Nursing Education, the national accrediting body. She has served as a research consultant to area hospitals. Her service to the University includes membership on the Institutional Review Board, Promotions Committee, and Graduate Council.

Davis earned bachelor and master’s degrees in nursing at the University of Kentucky and a doctorate in nursing at Texas Woman’s University. She taught at Murray State University from 1982–90 and at Marshall University from 1990–2001. Relocating to her hometown of Madisonville, Kentucky, she joined USI in 2001. She plans to retire May 31.

“I have been in academia for 29 years. USI has been a wonderful place to wind up my academic career,” she said. “It has been absolutely marvelous to work with the faculty, students, staff, and administration.”

Faculty colleagues choose the recipient of the Distinguished Professor Award. Davis will receive a grant from Integra Bank and will select a student to receive a scholarship in her name next year. She will deliver the address at the fall Commencement in December.

Career choices
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Jennifer Fehrenbacher ’03 ’05 ’06 met with students interested in dental assisting and dental hygiene. “I think it was beneficial for them to hear honest opinions from people currently in the field rather than just reading about it,” she said. “As alumni, we have all been in their place at one point.”

Each program featured a panel of alumni, giving pre-students an opportunity to hear from professionals with a variety of career experience. The grant also funded a Meet the Experts night in March when pre-students met students in their intended major who are nearing graduation.

Wendy Johnson, a senior in radiologic technology, entertained questions about the interview process required for acceptance into the program. “We can tell them what we went through when we were in their shoes,” she said. “Unless they’ve applied for jobs, they don’t have much experience with interviews.”

In April, pre-students are invited to a Health Professions Boot Camp where they will have hands-on lab activities.
Project, a concept that focuses on a small intentional community of elders and staff. Thomas will deliver the keynote address on the first day of the conference.

- Kay Frances, author of The Funny Thing about Stress, will share her message on stress management on the opening day of the conference. A former professional stand-up comedian in New York, she returned to her native Ohio to become primary caregiver for her mother. Frances holds a master’s degree in business administration.

- Dr. Josepha Campinha-Bacote, keynote speaker on day two, is founder of Transcultural C.A.R.E. Associates, a consultation service which focuses on issues in transcultural healthcare and mental health. Among her honors is the 2007 Article of the Year Award from the Journal of Psychosocial Nursing and Mental Health Services for her article “Becoming Culturally Competent in Ethnic Psychopharmacology.”

Dr. Renee Dugger, left, reviews patient files in Osnabrück, Germany. Grundmann’s two-week visit was part of an ongoing exchange. Dr. Brandon Eggleston, USI assistant professor of health services/administration will teach international public health in Osnabrück for the second consecutive summer. Eleven students from the College of Nursing and Health Professions and one from the College of Business are registered to attend.

Dr. Kevin Valadares taught in Osnabrück in November during a block week on special topics.

Guest lecturer from Germany is expert on healthcare system

Students in health professions learned about the German system of universal healthcare this semester from Johannes Grundmann, a guest lecturer from the University of Applied Sciences in Osnabrück, Germany.

“We are comparing the U.S. system and the German system,” he said. “Both have weaknesses, strengths, and opportunities. We both solve problems but in different ways. We learn what we can pick up from each other.”

Dr. Ethel Elkins and Jeanne Melton, instructors in health services, will lead the project. On behalf of Vanderburgh County, Welborn received a grant from the Communities Putting Prevention to Work Program, funded by Health and Human Services, to advance its Blueprint program.

Nursing/social work collaboration to improve care transition for patients with heart failure

Nursing and social work students are collaborating in a program designed to reduce hospital readmission rates for patients with heart failure.

Students are paired with patients at The Heart Hospital at Deaconess Gateway to provide counseling before the patient is discharged and a follow-up home visit and/or phone calls for 30 days. Nursing students in a course taught by Dr. Renee Dugger, instructor in nursing, began the program last year. Social work students joined this year to provide additional resources for the patient.

The Centers for Medicare and Medicaid Services selected Evansville as one of 14 communities nationwide for a pilot care-transitions program using a model developed by Dr. Eric Coleman to ensure a patient’s successful transition to self-management at home. The model includes medication self-management, keeping a personal health record, timely follow up, and knowledge of red flags that indicate a worsening in condition.

Health Care Excel, a consulting company in Terre Haute, Indiana, coordinates the area program.

Mary Jane Swartz, instructor in nursing, is collaborating on the study with The Heart Hospital as her capstone project in the Doctor of Nursing Practice program.

Mid-America Institute on Aging

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Students survey readiness for community initiatives

Is Evansville ready to support initiatives that lead to more healthy living? Students will help answer that question by conducting interviews and surveys for the Welborn Foundation program “Blueprint: A Community’s Movement Toward Healthy Lifestyles.”

Students will gather data related to the Complete Streets initiative that roadways be designed for all users; a farmer’s market in the Glenwood neighborhood; and the Safe Routes to School Project. The data will be scored using a model to determine Evansville’s readiness for a healthier lifestyle.

Dr. Hunter “Patch” Adams—medical doctor, clown, and social activist—has devoted 40 years to changing America’s healthcare system. He believes that laughter, joy, and creativity are an integral part of the healing process. Adams will speak on day two. The 1998 movie “Patch Adams” starring Robin Williams, is based on his life.

Topics for breakout sessions will include aging and developmental disabilities, gardens and quality of life, legal issues, pet therapy, costs of caregiving in retirement, long-term care insurance, hearing loss, stress of caregiving, palliative care and hospice, incontinence, music therapy, and planning for secure retirement. Representatives of the Women’s Institute for a Secure Retirement (WISER), a nonprofit organization, will present the two sessions on financial security in retirement—one for working professionals and the other for caregivers.

For information on registration and costs, call USI Outreach and Engagement at 812/464-1989 or 800/467-8600 or visit health.usi.edu and click on Continuing Education.
Dental Assisting and Dental Hygiene

New certificate programs
The dental assisting and dental hygiene programs have developed three certificate programs in response to changes in Indiana laws that provide new practice opportunities. Dental assistants are now permitted to do coronal polishing and apply fluoride products. Dental hygienists are able to administer local anesthetics. Individuals who perform these procedures must receive formal education and certification. The new certificate programs address these educational and certification requirements. The courses will include an online component of lectures, video, and examinations, and a clinical component to provide practice of the techniques. Check the calendar on page 8 of this newsletter for dates. More information is available at health.usi.edu.

Diagnostic Medical Sonography

Students credentialed
All students in the 2011 class for diagnostic medical sonography have passed the Sonography Principles and Instrumentation exam administered by the American Registry for Diagnostic Medical Sonography. In addition, Lea Schuch, Jessica Zimmerman, Jill Schmitt, Jamie Swartzentruber, Trisha Hooper, Emily Stute, and Kendra Tenbarge have passed the abdomen specialty exam. Randi Ross and Emily Stute have passed the specialty exam in obstetrics and gynecology. Successful completion of the principles exam and a specialty exam result in the student being credentialed as a diagnostic medical sonographer prior to graduation.

Food and Nutrition

New dietetics graduates
The first six students to complete the dietetics track of the food and nutrition program will graduate in May. These students are applying for internships throughout the country. Students must complete a 1,200-hour supervised practice program before taking the national registration exam.

Food access
Students in a community nutrition class are studying the availability of fruits and vegetables in selected areas of the Evansville community. Students also will assess the quality of available fruits and vegetables and the cost. The study is supported by the Welborn Foundation as part of its program called “Blueprint: A Community’s Movement Toward Healthy Lifestyles.” A priority of the Welborn initiative is that healthy, fresh, and locally grown food be available, affordable, and accessible throughout the community.

Health Services/Administration

Health informatics
Dr. Kevin Valadares, program director for the health services/administration program, served in February on an academic panel discussing health informatics education at the annual meeting of the Health Information Management Systems Society in Orlando, Florida. Along with representatives of USI’s Office of International Programs and Services, he will present a poster entitled “The Real Faces of Iraq: Iraqi Young Leaders Exchange Program at the University of Southern Indiana” in May at the annual conference of NAfSA: Association of International Educators. The meeting is in Vancouver, British Columbia.

Clinical simulation room equipped for geriatrics
Chantal Dash, a senior in the BSN program, examines the new geriatric clinical simulation room that provides experiences to better prepare nursing students to meet the healthcare needs of the elder population. The room was established and equipped with a grant of approximately $206,000 from the Health Resources and Services Administration.

Nursing

Health fair for older adults
Approximately 25 senior adults in New Harmony, Indiana, recently attended a health fair organized by 10 students taking a nursing course on elders and families. Respiratory therapy, occupational therapy assistant, and social work students also assisted. Participants learned about fall prevention, safe lifting, joint protection, energy conservation, exercise, nutrition, and medication. Free cholesterol, blood pressure, blood sugar, body mass index, and vision screenings were available.

Students surveyed participants about steps to ensure people in the area get appropriate healthcare. New Harmony has no doctor.

Policy summit in D.C.

At the Hart Senate Office Building are, from left, Janet Oakley, Angie Johnson, Jane Swartz, Gina Woody, Andrea Paulnitz, Kasey Spicer, and Dr. Nadine Coudret.

Seven students recently attended the second annual Student Policy Summit sponsored by the American Association of Colleges of Nursing in Washington, D.C. The meeting focused on the importance of policy engagement for future nursing leaders. Participants accompanied Dr. Nadine Coudret and other Indiana nursing deans on visits with members of Congress. Representing USI were Marian Smith, Angie Johnson, Gina Woody, Jane Swartz, and Janet Oakley of the Doctor of Nursing Practice program and Andrea Paulnitz and Kasey Spicer of the undergraduate nursing program.

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Bob Hooper to retire after 29 years with University

When Robert W. Hooper reflects on his 29 years with the University of Southern Indiana, his mind goes first to the many graduates of the respiratory therapy program. He enjoys seeing them and hearing about them as they go on to develop their careers in the Tri-state and beyond. One former student, Sherry Barnhart ’78, is immediate past president of the National Board for Respiratory Care.

Hooper is assistant professor of respiratory therapy and program director for the respiratory therapy program. He taught at Deaconess Hospital in Evansville from 1970 until 1982, when the respiratory care program relocated from there to the University. Hooper is on sabbatical this semester. His retirement will be effective July 31.

Dr. Nadine Coudret, dean of the college, said, “Bob Hooper’s leadership for the respiratory therapy program has provided students with an excellent preparation for their practice and positioned the respiratory therapy program for further growth and achievement. His commitment and caring for students and his support for faculty colleagues were appreciated by all of us who had the privilege of working with him.”

In retirement, Hooper plans to conduct historical research for Chandler (Indiana) Cumberland Presbyterian Church, research family history, and fish.
Jennifer Tornatta ’05, advanced practice nurse/clinical manager at Rush University Medical Center in Chicago, is one of two nurses selected as the 2010 Nurse of the Year by the Leukemia Research Foundation, based in Wilmette, Illinois. The award recognizes the contributions of hematology-oncology nurses to patient care. Nominations come from hospitals, doctors’ offices, and clinics throughout Illinois and parts of Wisconsin and Indiana. Tornatta earned degrees in nursing and health services at USI and a master’s degree in nursing from Indiana University.

Holly Yowler M.S.N.’05 recently received the President’s Award for Excellence in Instruction for Region 11 of Ivy Tech Community College. She has taught for 20 years at the campus in Madison, Indiana.

Dan King ’10 is one of 64 nurses in the adult critical care track of the year-long Nurse Residency Program at Vanderbilt University Medical Center. His cohort began the program in summer 2010. The residency program helps newly hired nurse graduates transition into the role of professional nurse. More than 800 recent nurse graduates applied last year for the program, which includes five tracks for adult care and one for pediatric care.

After seven weeks in a combination of classroom and clinical rotations, King was matched to the trauma unit, where he now holds a full-time position while continuing to work with unit-based preceptors, coaches, and mentors.

“The nursing program at USI made me competitive with students from across the country,” said King, a former USI cheerleader. “USI nursing faculty, including Tracy Kinner, influenced my desire to work in critical care.”

Around the College
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Occupational Therapy

Fieldwork in Honduras
Five students in the occupational therapy program recently provided services to children at Faith Home, an orphanage in San Pedro Sula, Honduras.

“We are placing a strong emphasis on presenting students with an international perspective on our profession and an understanding of how therapists work in a variety of settings,” said Dr. Barbara Williams, program director for the occupational therapy program. She accompanied the students.

Dr. Barbara Williams, second from left, and occupational therapy students helped children in Honduras with fine motor skills and visual perceptual and visual motor skills that will improve their ability to use the computer. USI students pictured are Kelly Gleason, Jordan Danks, Kristen Carden, Megan Snyder, and Kate Niehaus.

Occupational Therapy Assistant

Life skills
Students in the occupational therapy and occupational therapy assistant programs teach life skills to individuals at the Vanderburgh County Corrections Facility each semester. A recent presentation on nutrition included information on every food group, games related to the number of calories in a variety of fast foods, and a snack of “walking nachos.” Students also have presented game nights and craft activities ranging from decorating picture frames to making soap. The instruction encourages positive and meaningful ways to use leisure time.

New class
Thirty students have been selected to begin the occupational therapy assistant program in the fall.

Radiologic Technology

PACS
Students are using a new picture-archiving and communications system (PACS) like those available in area hospitals and clinics. A computed radiography reader (scanner) reads the images and allows them to be transferred to the PACS. Images can be retrieved and brought up on the computer for use in PowerPoint presentations or other classroom activities. The PACS is an advanced image processing application. Students benefit when their lab work involves the equipment and applications they will use in future jobs. A table also has been purchased for simulation on which students practice positioning patients as if they were in a clinical setting.

Respiratory Therapy

Clinical sites
Since joining the college in February, Wesley Phuy, interim program director for the respiratory therapy program, has been visiting clinical sites to get acquainted with the individuals and organizations that provide learning experiences for respiratory therapy students. These sites include Deaconess Hospital, St. Mary’s Medical Center, and Select Specialty Hospital in Evansville; Methodist Hospital in Henderson, Kentucky; and Owensboro Medical Health System in Owensboro, Kentucky.

Calling all alumni
Send news along with your degree and year of graduation, major, address, phone number, current position, and employer to dgutley@usi.edu.
Appointments

Karen Jones, director of special projects, oversees the college’s certificate programs that grant continuing education credit. She was most recently chief executive officer of Ohio Valley HeartCare, an Evansville medical practice. Jones earned bachelor’s and master’s degrees in nursing from the University of Evansville.

Kimberly M. Parsons ’01 ’02, formerly an adjunct instructor, is assistant professor of dental assisting and dental hygiene. She was an instructor in the dental hygiene program at Mesa Community College from 2006-08. She completed associate and bachelor’s degrees at USI and a master’s degree at Northern Arizona University.

Wesley Phy, interim program director for the respiratory care program, was most recently a staff respiratory therapist at Owensboro Medical Health Systems. He also has been associated with Vanderbilt University Medical Center, Volunteer State Community College, the Tennessee Department of Development Disabilities, Health Corporation of America, St. Thomas Medical Group, all in Tennessee; and Methodist Hospital in Henderson, Kentucky. He earned an undergraduate degree from Trevecca Nazarene University.

Dr. Serah W. Theuri, assistant professor of food and nutrition, was previously an assistant professor in clinical nutrition at Zayed University in the United Arab Emirates. She also has taught at the University of Phoenix in Cincinnati, Ohio, and Northern Kentucky University. In 2001, she was a sensory scientist at Givaudan Flavors in Cincinnati. Theuri earned a bachelor’s degree at Kenyatta University in Nairobi, Kenya; a master’s degree at the University of Central Oklahoma; and a doctorate at Mississippi State University. She is a registered dietitian.

Michelle Woodburn, assistant director of special projects, was a physical therapy assistant for Genesis Health Systems in Newburgh, Indiana, from 2004-10. She served previously as a firefighter and emergency medical technician for Wayne Township Fire Department in Indianapolis. Woodburn holds undergraduate degrees in physical therapy assistant and exercise science and a master’s degree in public service administration from the University of Evansville.

Southwest Indiana Area Health Education Center

Jessica DeLorenzo has joined the Southwest Indiana Area Health Education Center (SWI-AHEC) as academic outreach coordinator. She was most recently student activities coordinator at Vincennes University Jasper. DeLorenzo earned a bachelor’s degree at Rice University and a master’s degree in human services administration from Louisiana State University—Shreveport. SWI-AHEC is hosted by the College of Nursing and Health Professions.

Lifestyle changes for diabetes prevention

Janet Oakley, instructor in nursing, has received a SWI-AHEC grant to support a program that will help Latino high school students understand how lifestyle changes can lead to the prevention of diabetes. She will work with adolescents at Nativity Catholic Church in Evansville. Students in nursing, nutrition, and occupational therapy will assist with the program. Partners include HOLA of Evansville and the Juan Diego Cultural Center at the church.
Nursing and Health Professions Continuing Education

Workshops and Conferences

17th Annual Case Management Conference, May 12
13th Annual Advanced Practice Nursing Symposium, May 13
Celebrating a Culture of Caring, May 18
Pulmonary Fibrosis Symposium, June 10
Fourth Annual Mid-America Institute on Aging, August 11-12
Eighth Annual Pharmacology Update for Advanced Practice Nurses, September 30
Healing Touch Workshop, October 15-16
15th Annual Nursing and Health Professions Educator Conference, October 19
Advanced Parish Nurse Fall Retreat, October 22
PEP Rally: A Perinatal Conference, October 26-27
Basic Preparation for Faith Community Nursing, September 27-October 28 (Part 1: online instruction)
November 2-4 (Part 2: retreat setting)

Certificate Programs (Internet-delivered instruction)

Alzheimer’s Disease Management, six weeks, begins September 19
Anticoagulation Therapy Management, six weeks, begins May 23, July 25, October 3
Case Management, six weeks, begins August 22
Clinical Simulation, four weeks, begins September 20
Coronal Polishing and Fluoride Application for Dental Assistants, April 1-May 14 (lab, May 14); June 24-August 6 (lab, August 6)
Diabetes Management, six weeks, begins August 15
Health Promotion and Worksite Wellness, September 21-November 30
Heart Failure, five weeks, begins September 26
Hypertension Management, five weeks, begins August 1
Lipid Management, six weeks, begins September 12
Local Anesthesia for the Dental Hygienist, July 1-August 12 (lab, August 13, 20-21); January 3-February 3, 2012 (lab February 4, 11-12)
Oncology Management, eight weeks, August 22
Pain Management, six weeks, begins August 8
Parish Nursing, six weeks, begins September 19
Telehealth for Home Health, begins September 26
Wound Management, six weeks, begins September 26

Customized programs: For programs tailored to meet the specific needs of your organization, contact Peggy Graul, coordinator of Continuing Education, College of Nursing and Health Professions, University of Southern Indiana, pgraul@usi.edu or 812/465-1161.

Registration information: health.usi.edu or 812/465-1148